

"I am a January 6th Political Prisoner "

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Greetings all,

First and foremost I hope this letter finds you well given our country's current state of affairs. I believe the facts that I am about to disclose concerning the treatment of my fellow Capitol inmates and myself here at the DC DOC Correctional Training Facility should be shared with the public.

Upon being admitted to DC DOC we were placed in the jails quarantine housing unit C2a for a 14 day evaluation. During this quarantine we were restricted to what is known as a 23 and 1. This is short for 23 hours locked in your cell with 1 hour out. After the 14 day period, some longer, we were moved to unit C2b where the same restrictions continued up until 5/1 when we changed to a 22 and 2 schedule. During the 23/1 inmates had just 1 hour to shower, called loved ones, and heat up food/water. This "recreation" time is hardly that, leaving no time for exercise or socializing with the other 7 inmates out at that time. Easier understood, for every 28 days locked in these cages we get 1 day out. Mind you, they are called 23/1, 22/2, but more often than not these lock downs surpass a 24 hour period.

Once, and I stress the word once, monthly we were granted outdoor recreation for 1 hour. In 2 months time we went outside just twice. On 4/23 we were woken up for outdoor rec at 6:30am with it being 30 degrees outside. Those who opted not to go outside were stripped of their indoor rec and phone use for the day. Those that went outside, they too lost phone privilege for the day. After said recreation we were locked down in our cells from 8:30am on 4/23 until 12:30 pm on 4/24 the next day, 28 hours straight. Try to imagine the toll this takes on ones mental and physical health...

As stated in what the jail calls our educational tablet, "By May 17th 2021 the DC DOC will allow for in person synchronous education by DCPS in classrooms and CCR will resume in person educational instruction." With this being the new restriction how is it even remotely logical that my fellow inmates and myself in CTF are still on a 22 hour lock down while CDF inmates attend in person classroom instruction daily? The nation is open.... Community pools, stadiums, bars, restaurants, and gyms in DC are open for business... yet here we sit caged in our cells like animals... it becoming clearer by the day that this is not about health and science and all about politics.

While detained we have been denied:

1. Law Library, meaningful access to the courts, (tablet given 4/30)
2. Religious services
3. Veteran services
4. Video visitation
5. Adequate nutrition
6. Barber services/personal grooming
7. Mail/Books (to date many have not received books and mail sent from home. This is a very common problem amongst inmates)

Until recently we were woken up in our cells at 2:30am for breakfast! After weeks of grievance complaints it now comes at 4:00am. Dinner 5 nights a week is a bologna sandwich with the other 2 days being PB&J or a turkey sandwich. This is hardly the "nutritionally balanced" meal promised in the DC DOC handbook.

Since detention we had been shackled (ankle cuffs, waist chain, handcuffs) whenever we left our pod, whether it be for court, medical appointments, or a lawyer visit. Up until last week this was a daily occurrence for some inmates. "The Due Process Clause can be violated when an official does not have subjective awareness that the officers acts or omissions have subjected the pre trial detainee to a substantial risk of harm. *Kingsley v. Hendrickson*, *Bell v. Wolfish*. I mention this because we were all placed directly in harms way. Whenever we would leave our pod shackled we would be in the presence of inmates from the CDF whom were never restrained. While shackled one can not even adjust his own PPE mask let alone run or protect himself should the other inmates from CDF choose to attack. I personally have dealt with this on more than one occasion where I was outnumbered 10/1 with only 1 officer with me for protection. *Hardy v. District of Columbia* - "While a convicted prisoner is entitled to protection only against cruel and unusual punishment, a pre trial detainee, not yet found guilty of a crime, may not be subjected to punishment of any description." The rights of pre trial detainee are different than the rights of post conviction detainees. Because pre trial detainees are presumed innocent, they are "entitled to more considerate treatment and conditions of confinement than criminals whose conditions of confinement are designed to punish." *Youngberg v. Romeo*

Our Virtual Lawyer visits are not private. Correctional officers and other inmates can easily listen in on these meetings. This is clearly a violation of Attorney/Client privilege. If we do have in person Attorney visitation we are told to pack up our cell and head back to quarantine (C2a) for a repeat of the 14 day protocol immediately upon return from our said visit.

In closing, the treatment of my fellow patriots and myself is nothing less than inhumane and unacceptable, most of all PUNITIVE. I hope you will join us in our effort to expose this cruel and unusual punishment with your audience and fellow colleagues as we bring to light the treatment taking place right now at the DC DOC Correctional Training Facility right here in our nations Capitol.

God Bless You All and God Bless America.

Political Prisoner 376877